

# Hi Everybody,



A lovely photo taken on Friday evening by our Bosun, Kevin M. Absolutely fabulous!



## Sailing Events & Angling

Only 12 days to go until the Sailing Prep/Rigging party on Saturday 29<sup>th</sup> before the Spring Launch Races 1 & 2 on Sunday 6<sup>th</sup> April, commencing at 11am. Another reminder to check that your kit still fits and, more importantly, that you have renewed your membership and your boat fees.

Any problem with settling your fees, do speak to us so we can sort this out with you rather than you just ignoring it.

## Angling & Fishing

From RC Angling Paul Cooper, 26 fishermen turned out on Sunday for the Open Beach BRAAS Fishing Match on a sunny, but breezy day on the beach in front of the Club. Unfortunately, the fish weren't as impressed by the sunshine. 1<sup>st</sup> was Paul Cross winning £128 with a 1 x 42cm Dogfish, joint 2<sup>nd</sup> was Gary Hares, Craig Simmonds, Steve Jex and James Hiller, all receiving £38 each for catching undersized Flatfish. A big thankyou to their sponsor Tronixpro and to John Small and Jumbo for running the competition.

A never mind to the boys who didn't have a catch at all – it can only get better!

From George, our last beach competition is 2<sup>nd</sup> April 8am to Middy, high tide at 10.09am.

We are looking to start fishing from our boats from 2<sup>nd</sup> April with the first boat competition on 16<sup>th</sup> April, 11am until 3.30pm with Skate the target species.

All boat anglers need to make sure their boats and equipment are ready to go out to sea.

## PYC Redevelopment

I am anticipating that you will be aware that we have applied for planning permission to redevelop and improve certain portions of PYC. This application is now posted on the Arun Planning site awaiting comments before any approval can be granted.

Please could you take the time to complete and encourage what we are trusting will be positive comments on our redevelopment planning permission.

The reference is P/23/25/PL

The link to page is <https://www.arun.gov.uk/planning-application-search>

Simply copy the above reference into the search box and you should see the application. From there you can click through to 'enter comment'.

The more positive comments we can post will be extremely helpful to the Club gaining permission so please do spend a little time on this. Many thanks.

## Fund Raising

As part of the redevelopment of the Club's facilities, there is obviously a financial implication involved. The Management Committee have looked into what particular focal items would need replacing because of this building work, and what it would not be unreasonable to request "friends" to donate towards, or for the total purchase price of. There was a discussion about requesting donations from members for particular items for the Club which could be named. I.e. the Lady Margaret boat was named after Margaret Westlake who was our President for many years. One suggestion was a replacement bench for the foreshore, to be named, or for specific indoor furniture item/s.

I will raise this again when we hear more from Arun about our planning permission but if you are not interested in becoming a sponsor, or not able to do this, it would still be good to know of any contacts that our members have with local businesses (Bognor and Chichester) who may be interested in supporting a sponsorship for a particular item, aim or challenge who we may approach. Do let me know of your ideas.

## Social Events

Keith's been at it again! Just look at that snazzy outfit. I do wonder how many wardrobes he has to keep them looking so good? And the hats! I bet the family dread asking him what he'd like for his birthday or Christmas....

This Friday, finally the Commodore won! £88 on the second round when the cards are removed - and I had left him to it. Groan. Typical! By the time he made it home, most of the £88 had already made its way behind the Bar! That'll teach me.



## Six Nations Rugby



On Saturday, a crowded audience watched in delight as we won against Wales!!! 68 - 14!!! Stunning! Unfortunately, it wasn't enough to win the Six Nations as France beat Scotland to be crowned Champions with England Second. Oh well – it was a really good final game and the Pork baps from the Commodore went down really well. Sorry, I forgot to take any photos of them being devoured after the game – but they didn't last long enough for me to remember to do something about it. 8-(

## Meat Raffle

Another good session with the Raffle – and for the second time this week we saw the Commodore win again! This time I was there and it was myself that pulled our ticket out. Honest Guv – it was an honest action. I love it when something like that happens.

We had seven prizes this week, with a wide range from a large Chicken with baby new potatoes, Party Salad and Coleslaw to Beef Mince with Bolognese Sauce, Spaghetti and Garlic Flatbreads. (I had the latter.) Yum!

## Melissa

Following the Raffle, we were pleased to welcome Melissa back again. What a fabulous voice that girls has – and what a wide range of songs! Love it when you know the words and great to dance to as well.



## First Aid Training Course

A huge thankyou to Terry, Dave G and Alison (as well as Anne our Manakin) for giving up their time to present a really interesting First Aid course on Saturday. Between the three of them and their past experience with Terry as a Medic in the Territorial Army and as a Registered Nurse, Dave a Diving Instructor and a qualified First Aider with Alison, a Macmillan Nurse with endless nursing qualifications, the threesome initially talked the ten of us through sections such as the recovery position, FAST, Heart attacks/Strokes, CPR, dressing wounds, stopping or controlling bleeding, seizures and epilepsy amongst other incidents. Following this, we were demonstrated the CPR, the defibrillator and how to perform the choking Heimlich manoeuvre – and then asked to do all of them for ourselves on poor old Annie.

For those of you who haven't tried to do CPR, then I would strongly advise you to put yourself on a course such as this when it comes up again. (I understand that plans are ahead for this).

Briefly, you put the heel of your hand on the middle of their chest, put your other hand on top of your first hand and interlock your fingers, lean forwards so your shoulders are over your hands, keep your arms straight and press down hard, to a depth of about 5-6cm before releasing the pressure and allowing the chest to come back up.

And then you have to push at a rate of 100 to 120 per minute. Apparently Staying Alive by the Bee Gees works! If you have the energy, then you give breathes after every 30 pushes. Oh – I forgot to mention that is after you have called 999. As a female, this is absolutely knacker after about 2 minutes so you need to be prepared for what is involved as this really is a life-saving procedure and can go on for well over an hour.

One other life-saving issue that we did cover as a Sailing Club that you may not be aware of, is secondary drowning. This happens when a person who experiences a drowning close-call can be out of the water and walking around normally before signs of secondary drowning become apparent. And this can happen 12 to 24 hours later. Bloody frightening to think of this happening. This is why it is so important for you to be aware of and to ensure the person is taken to hospital and kept in. Who would have thought of this?

One other thing that you may not be aware of is the position of our defibrillator which is situated on the wall between the front Bar window the white board. The key to open the locked storage window is kept behind the Bar, on a hook at the Ship Bar end. If the Bar is closed and it is an emergency, there is a spare key next to the defib in a glass box which can be shattered. It will set an alarm off but that will only activate 999, the reason why the defib was needed. It's these little things that we need to know to save our lives. Keeps a smile on our faces!

I will keep repeating this, but when this course comes up again, please put your name down for it. It only lasts from 10am till 2pm and has lots of breaks for coffees and is a really relaxed and informative couple of hours. And it may save lives.

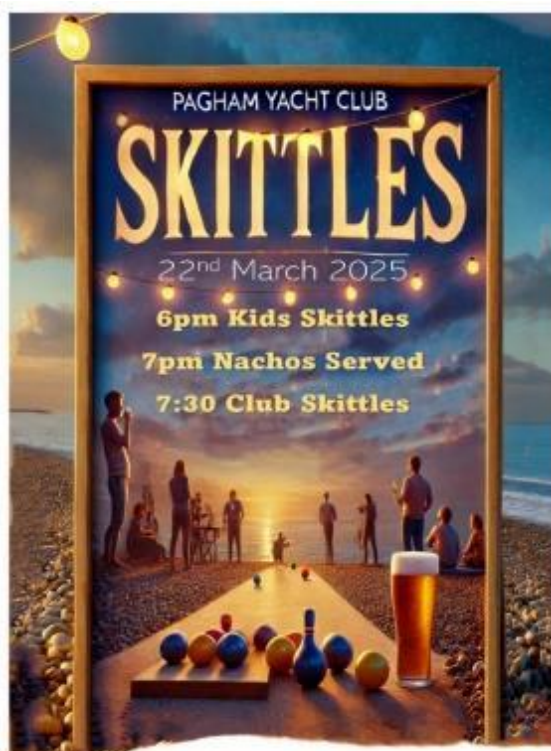
## Future Events

Don't forget that next Saturday 22<sup>nd</sup> we have the very popular Skittles evening which will start with the kids at 6pm to be followed by Chicken Nuggets and Chips for them at a cost of £3.50.

For the adults, there is a choice of Meat Chilli or Veggie Chilli Cheese Nachos at a cost of £5 per head, prepared by Tina - with a bit of help please.

The grown ups will be fed Nachos alongside the kids at 7pm with the Skittles starting for them at 7.30pm.

Please can you put your name down on the list on the Noticeboard by the Bar door to let us know if you want Meat or Veg Nachos and please can you pay **CASH** at the Bar by 20<sup>th</sup> March so we can buy the essential foods.



On Sunday 23<sup>rd</sup> from 3.15pm, after the Raffle, we are being treated to a new live solo singer/guitarist, Luke Elder. Luke has a wide range of cover songs as well as his originals, including songs by Oasis, Pink Floyd, Phil Collins and the Eagles so, there should be a good choice for all of us to listen and dance to.



The good news is that I have just been listening to the weather forecast and they are saying that the temperature is due to rise by up to 4° in the next week. Whoopee! Could be a good weekend as I'm freezing at the moment.

Don't forget that we also have High Tide live music the following Sunday 30<sup>th</sup>, Mother's Day, so that's an enjoyable treat to share with your mother whilst enjoying a glass of something special after lunch.

We have already put the list up for the Children's Easter Party on Saturday 19<sup>th</sup> April from 12noon until 1.30pm with Nick Clarke as their Entertainer. This is only £3 per head and is payable by 15<sup>th</sup> April to Jenna, our Safeguarding & Welfare Officer, or you can otherwise hand over the cash to a member of the Committee who will put it in the box behind the Bar and sign the list to show you have paid.



**£3 per child**  
**payable by ..... 15<sup>th</sup> April 2025**  
**to avoid disappointment**

## RSPB Talk

Advance warning of a RSPB talk on Wednesday 30<sup>th</sup> April from 6pm in the Bar. All are welcome, including any guests. A poster with more information will be put up soon but please, in the meantime, do put this in your diary.

## Real Ales

During the May Bank Holiday from Friday 2<sup>nd</sup> until Sunday 4<sup>th</sup>, the Commodore wishes to allow the members of PYC to enjoy the flavour of 4 or 5 Real Ales. More information about the choices made and the breweries used will be shared nearer the time but he thought some of you might want to know to get your taste buds ready.

### Dates for your diary:

#### March

Saturday 22<sup>nd</sup> - Skittles with Chilli Nachos from 6pm (Payment by Friday 21<sup>st</sup> at the latest please)

Sunday 23<sup>rd</sup> - Luke Elder Live Music 3.15pm

Sunday 30<sup>th</sup> - High Tide Live Music (Mother's Day)

#### April

Saturday 5<sup>th</sup> - Wishing Well 8 – 11pm

Sunday 13<sup>th</sup> - Lightening Brothers 3.15pm

Saturday 19<sup>th</sup> - Kids Easter Party 12 noon – 1.30pm

Friday 25<sup>th</sup> - Adrian (with Keith) from 8pm

Sunday 27<sup>th</sup> - Olivia Kinghorn 6pm

Wednesday 30<sup>th</sup> – RSBP talk 6pm

#### May

Friday 2<sup>nd</sup> – Sunday 4<sup>th</sup> Real Ales Beer Festival

Thursday 8<sup>th</sup> – VE Day. Lighting of **Beacons** and **Lamp Lights of Peace** at **9.30pm**, the raising of a unique VE Day flag at **9am?**

More details to follow next week.

## Any Other Business

As I have mentioned the Real Ales festival, best we have a joke about that :-

A gorilla walks into PYC, and one of the Anglers signs him in. (Apparently, they get on very well)

The bar person gives the gorilla a craft beer menu. The gorilla points at a particular Sussex Best. The bar person nods, and tells him what a great choice that is.

A few minutes later, the bar person serves the gorilla this tasty craft brew, and says, "That will be £6.60."

The gorilla, not being a small tipper, hands over a £10 note, and indicates to the bar person by hand signals to keep the change.

The bar person acknowledges the tip, and says, "You know - we don't have many gorillas ordering drinks here."

Finally, the gorilla speaks up and says, "That's not a big surprise, with these blinking prices!"



Obviously, the gorilla doesn't frequent other local pubs.

*Jill*

*Honorary Blogger*

Pagham Yacht Club 17.03.25

[www.paghamyachtclub.com](http://www.paghamyachtclub.com)



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